

DEVELOPMENTAL CHECKLIST - 8 TO 12 MONTHS

MOVEMENT

- ❖ Gets to sitting position without assistance (8-10 mos.)
- ❖ Crawls forward on belly
- ❖ Assumes hand and knee position
- ❖ Creeps on hands and knees
- ❖ Gets from sitting to crawling or prone (lying on stomach) position (10-12 mos.)
- ❖ Pulls self-up to standing position
- ❖ Walks holding on to furniture
- ❖ Stands momentarily without support
- ❖ May walk two or three steps without support

HAND AND FINGER SKILLS

- ❖ Uses pincer grasp (grasp using thumb and index finger) (7-10 mos.)
- ❖ Bangs two one-inch cubes together
- ❖ Puts objects into container (10-12 mos.)
- ❖ Takes objects out of container (10-12 mos.)
- ❖ Pokes with index finger
- ❖ Tries to imitate scribbling

COGNITIVE

- ❖ Explores objects in many different ways (shaking, banging, throwing, dropping) (8-10 mos.)
- ❖ Finds hidden objects easily (10-12 mos.)
- ❖ Looks at correct picture when image is named
- ❖ Imitates gestures (9-12 mos.)

LANGUAGE MILESTONES

- ❖ Responds to simple verbal requests
- ❖ Responds to “no”
- ❖ Makes simple gestures such as shaking head for no
- ❖ Babbles with inflection (8-10 mos.)
- ❖ Babbles “dada” and “mama” (8-10 mos.)
- ❖ Says “dada” and “mama” for specific person (11-12 mos.)
- ❖ Uses exclamations such as “oh-oh”

SOCIAL/EMOTIONAL

- ❖ Shy or anxious with strangers (8-12 mos.)
- ❖ Cries when mother or father leaves (8-12 mos.)
- ❖ Enjoys imitating people in his play (10-12 mos.)
- ❖ Shows specific preferences for certain people and toys (8-12 mos.)
- ❖ Prefers mother and/or regular care provider over all others (8-12 mos.)
- ❖ Repeats sounds or gestures for attention (10-12 mos.)
- ❖ Finger-feeds himself (8-12 mos.)
- ❖ Extends arm or leg to help when being dressed

DEVELOPMENTAL RED FLAGS (8 TO 12 MONTHS)

- ❖ Does not crawl
- ❖ Drags one side of body while crawling (for over one month)
- ❖ Cannot stand when supported
- ❖ Does not search for objects that are hidden (10-12 mos.)
- ❖ Says no single words (“mama” or “dada”)
- ❖ Does not learn to use gestures such as waving or shaking head
- ❖ Does not sit steadily by 10 months
- ❖ Does not show interest in “peek-a-boo” or “patty cake” by 8 mos.
- ❖ Does not babble by 8 mos. (“dada,” “baba,” “mama”)