

DEVELOPMENTAL CHECKLIST - 1 TO 3 MONTHS

MOVEMENT

- ❖ Raises head and cheek when lying on stomach (3 mos.)
- ❖ Supports upper body with arms when lying on stomach (3 mos.)
- ❖ Stretches legs out when lying on stomach or back (2-3 mos.)
- ❖ Opens and shuts hands (2-3 mos.)
- ❖ Pushes down on his legs when his feet are placed on firm surface (3 mos.)

VISUAL

- ❖ Watches face intently (2-3 mos.)
- ❖ Follows moving objects (2 mos.)
- ❖ Recognizes familiar objects and people at a distance (3 mos.)
- ❖ Starts using hands and eyes in coordination (3 mos.)

HEARING AND SPEECH

- ❖ Smiles at the sound of voice (2-3 mos.)
- ❖ Cooing noises; vocal play (begins at 3 mos.)
- ❖ Attends to sound (1-3 mos.)
- ❖ Startles to loud noise (1-3 mos.)

SOCIAL/EMOTIONAL

- ❖ Begins to develop a social smile (1-3 mos.)
- ❖ Enjoys playing with other people and may cry when playing stops (2-3 mos.)
- ❖ Becomes more communicative and expressive with face and body (2-3 mos.)
- ❖ Imitates some movements and facial expressions

DEVELOPMENTAL RED FLAGS (1 TO 3 MONTHS)

- ❖ Doesn't seem to respond to loud noises
- ❖ Doesn't follow moving objects with eyes by 2 to 3 months
- ❖ Doesn't smile at the sound of your voice by 2 months
- ❖ Doesn't grasp and hold objects by 3 months
- ❖ Doesn't smile at people by 3 months
- ❖ Cannot support head well at 3 months
- ❖ Doesn't reach for and grasp toys by 3 to 4 months
- ❖ Doesn't bring objects to mouth by 4 months
- ❖ Doesn't push down with legs when feet are placed on a firm surface by 4 months
- ❖ Has trouble moving one or both eyes in all directions
- ❖ Crosses eyes most of the time (occasional crossing of the eyes is normal in these first months)