

DEVELOPMENTAL CHECKLIST - 4 TO 5 YEARS

MOVEMENT

- ❖ Stands on one foot for 10 seconds or longer
- ❖ Hops, somersaults
- ❖ Swings, climbs
- ❖ May be able to skip

MILESTONES IN HAND AND FINGER SKILLS

- ❖ Copies triangle and other geometric patterns
- ❖ Draws person with body
- ❖ Prints some letters
- ❖ Dresses and undresses without assistance
- ❖ Uses fork, spoon
- ❖ Usually cares for own toilet needs

LANGUAGE MILESTONES

- ❖ Recalls parts of a story
- ❖ Speaks sentences of more than 5 words
- ❖ Uses future tense
- ❖ Tells longer stories
- ❖ Says name and address

COGNITIVE MILESTONES

- ❖ Can count 10 or more objects
- ❖ Correctly names at least 4 colors
- ❖ Better understands the concept of time
- ❖ Knows about things used every day in the home (money, food, etc.)

SOCIAL MILESTONES

- ❖ Wants to please and be with friends
- ❖ More likely to agree to rules
- ❖ Likes to sing, dance, and act
- ❖ Shows more independence

DEVELOPMENTAL RED FLAGS (4 TO 5 YEARS)

- ❖ Exhibits extremely aggressive, fearful or timid behavior
- ❖ Is unable to separate from parents
- ❖ Is easily distracted and unable to concentrate on any single activity for more than 5 minutes
- ❖ Shows little interest in playing with other children
- ❖ Refuses to respond to people in general
- ❖ Rarely uses fantasy or imitation in play

- ❖ Seems unhappy or sad much of the time
- ❖ Avoids or seems aloof with other children and adults
- ❖ Doesn't express a wide range of emotions
- ❖ Has trouble eating, sleeping or using the toilet
- ❖ Can't differentiate between fantasy and reality
- ❖ Seems unusually passive
- ❖ Can't understand two-part commands and prepositions ("put the cup on the table"; "get the ball under the couch")
- ❖ Can't give his first and last name
- ❖ Doesn't use plurals or past tense
- ❖ Cannot build a tower of 6 to 8 blocks
- ❖ Seems uncomfortable holding a crayon
- ❖ Has trouble taking off clothing
- ❖ Can't brush teeth or wash and dry hands